

PACKAGES COMPARISON

		FOUNDATION	MONTANE	ALPINE	PINNACLE
		RM1799	RM3699	RM9699	RM12699
		RM1999	RM3899	RM9899	RM12899
Personal, family & social medical history review and full physical examination		✓	✓	✓	✓
Physical Body Measurement	Blood pressure, Heart rate, temperature, oxygen level	✓	✓	✓	✓
	Weight, Height, Body Mass Index (BMI), Waist circumference, Hip Circumference, Neck Circumference	✓	✓	✓	✓
Comprehensive Lab Investigation					
Hematological Profile	Full blood count	✓	✓	✓	✓
	WBC with Differential Count, RBC, Hb, HCT/PCV, MCV, MCH, MCHC, Platelet, RDW	✓	✓	✓	✓
	Blood Goup ABO & Rh-D Typing, Erythrocyte Sedimentation Rate (ESR)	✓	✓	✓	✓
Renal Function Test	Creatinine, eGFR, Urea, Uric Acid, Sodium, Potassium, Chloride, Calcium, Phosphate	✓	✓	✓	✓
	Urine Microalbumin, Magnesium	✓	✓	✓	✓
Liver Function Test	Total Bilirubin, Total Protein, Albumin, Globulin, ALP, GGT, ALT, AST, Fibrosis Index	✓	✓	✓	✓
Diabetic Profile	Fasting Glucose, HbA1c	✓	✓	✓	✓
Lipid Profile	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides,Total/HDL ratio	✓	✓	✓	✓
Iron Studies	Ferritin, Serum Iron, Total Iron Binding Capacity(TIBC), Transferrin Saturation, Transferrin	✓	✓	✓	✓
Thyroid Funtion Test	Thyroid Stimulating Hormone (TSH), Triiodothyronine (T3), Thyroxine (T4)	✓	✓	✓	✓
Autoimmune Screening	Rheumatoid Factor, Hs CRP	✓	✓	✓	✓
Tumour(Cancer) Markers Profile	Alpha Fetoprotein (AFP) - Commonly for Liver	✓	✓	✓	✓
	Carcinoembryonic Antigen (CEA) - Commonly for Colon	✓	✓	✓	✓
	Cancer Antigen 19-9 (CA19-9) - Commonly for Pancreas	✓	✓	✓	✓
	Prostate Specific Antigen (PSA) - Prostate (Male)	✓	✓	✓	✓
	Cancer Antigen 153 (CA153) - Breast (Female)	✓	✓	✓	✓
	Cancer Antigen 125 (CA125) - Ovaries (Female)	✓	✓	✓	✓
Hepatitis Screening	Hepatitis B surface antigen & antibody, Hepatitis A antibody	✓	✓	✓	✓
Infection Screening	HIV Antibody & Antigen	✓	✓	✓	✓
Urine	Full Examination and Microscopic Examination	✓	✓	✓	✓
Hormones	Insulin, Sexual Hormone Binding Globulin, Prolactin			✓	✓
	Male Free Testosterone, Total Testosterone		✓	✓	✓
	Female Follicular Stimulating Hormone, Luteinizing Hormone, Estradiol			✓	✓
Gastrointestinal Screening	Urea Breath Test for Helicobacter Pylori Infection			✓	✓
Lactate Dehydrogenase				✓	✓
Vitamins	Vitamin D		✓	✓	✓
	B9 Folic Acid, B12 Cobalamine			✓	✓
Antioxidant Vitamins Analysis	Vit A(Retinol, B-Carotene), Vit C (Ascorbic acid), Lutein, Zeaxanthin, Lycopene, Vit D(Tocopherols), CoQ10, Vit D 2&3			✓	✓
Multi-Cancer Early Detection (ct DNA)	Early Cacner Detection by ctDNA of 10 organs (Breast, Lungs, Colorectum, Stomach, Liver Biliary Tract, Ovary, Pancreas, Esophagus, Endometrium, Head & Neck)			✓	✓
Stress Hormone	DHEA, Cortisol				✓
Nutrient & Toxix Element Analysis	Heavy metal, Major Elements, Trace Elements				✓
Antioxidant & Oxidative Stress Profile	Free Oxygen Radicals Test (FORT) , Free Oxygen Radicals Defence (FORD)				✓
Cardiac Markers	Homocysteine, Apolipoprotein				✓
Telomere Length Test (DNA)	Biological Age base on DNA Chromosome (Cellular Age)				✓
Stool Analysis				✓	✓
Cardiac Examination	Resting ECG	✓	✓	✓	✓
	Stress Test by Threadmill or Ergobike	✓	✓	✓	✓
Gynaecological Examination	Pap Smear + RM150 for HPV DNA	✓	✓	✓	✓
Lungs Funtion Test	Spirometry	✓	✓	✓	✓
Body Composition Analysis		✓	✓	✓	✓
Bone Density Test	R.E.M.S (Radiofrequency Echographic Multi-Spectrometry Scan)	✓	✓	✓	✓
Eye	Visual Acuity	✓	✓	✓	✓
	Colour Blind	✓	✓	✓	✓
	Tonometry(Glaucoma screening)	✓	✓	✓	✓
	Fundus Photography (Fundoscopy)	✓	✓	✓	✓
Hearing Test	Audiometry	✓	✓	✓	✓
X-Ray	Chest X-Ray	✓	✓	✓	✓
VISIA	Detailed Skin Analysis		✓	✓	✓
Mammogram or Ultrasound Breast		Choose 1	Choose 1	Choose 1	Both
Ultrasound	Liver, Gall Bladder	✓	✓	✓	✓
	Spleen, Pancrease	✓	✓	✓	✓
	Kidney, Ureter, Bladder		✓	✓	✓
	Uterus Ovaries		✓	✓	✓
	Prostate		✓	✓	✓
	Neck with Thyroid			✓	✓
	Fibroscan Liver			✓	✓
CT Scan (non-contrasted)	Low Dose Lung				
	Brain		Choose 1	Choose 1	Choose 1
	Coronary Calcium Score(Cardiac Examination)				
Mental Health Assessment			✓	✓	✓
Detailed Post-Screening Consultation by doctor		✓	✓	✓	✓
Nutritionist Consultation			✓	✓	✓
All Day Refreshments and Lightfood included		✓	✓	✓	✓
Lunch			✓	✓	✓
Premium Membership				✓	✓
Total Number of Tests		110	120	260	304

配套比较

		FOUNDATION	MONTANE	ALPINE	PINNACLE
		RM1799	RM3699	RM9699	RM12699
		RM1999	RM3899	RM9899	RM12899
个人、家庭及社会病史病史回顾及全面体格检查		✓	✓	✓	✓
身体测量	血压、心率、体温、血氧饱和度	✓	✓	✓	✓
	体重、身高、身体质量指数(BMI)腰围、臀围、颈围	✓	✓	✓	✓
综合实验室检查					
血液学检查	全血细胞计数(FBC)	✓	✓	✓	✓
	白血球分类计数、RBC、Hb、HCT/PCV、MCV、MCH、MCHC、Platelet、血小板、RDW	✓	✓	✓	✓
	血型(ABO 及 Rh-D 分型)、红细胞沉降率(ESR)	✓	✓	✓	✓
肾功能检查	肌酐、估算肾小球滤过率(eGFR)、尿素、尿酸、钠、钾、氯、钙、镁总胆红素	✓	✓	✓	✓
	尿微量白蛋白, 镁	✓	✓	✓	✓
肝功能检查	总胆红素、总蛋白、白蛋白、球蛋白、ALP、GGT、ALT、AST, 肝纤维化指数	✓	✓	✓	✓
糖尿病检查	空腹血糖、糖化血红蛋白(HbA1c)	✓	✓	✓	✓
血脂检查	总胆固醇、高密度脂胆固醇(HDL), 低密度脂胆固醇(LDL)、甘油三酯, 总胆固醇 / HDL 比率	✓	✓	✓	✓
铁代谢检查	铁蛋白、血清铁, 总铁结合力(TIBC), 转铁蛋白饱和度、转铁蛋白	✓	✓	✓	✓
甲状腺功能检查	促甲状腺激素(TSH), 三碘甲状腺原氨酸(T3), 甲状腺素(T4)	✓	✓	✓	✓
自身免疫筛查	类风湿因子(RF), 高敏感 C 反应蛋白(hs-CRP)	✓	✓	✓	✓
肿瘤(癌症)标志物	甲胎蛋白(AFP)— 常用于肝脏	✓	✓	✓	✓
	癌胚抗原(CEA)— 常用于结肠	✓	✓	✓	✓
	癌抗原 19-9(CA19-9)— 常用于胰腺	✓	✓	✓	✓
	前列腺特异抗原(PSA)— 前列腺(男性)	✓	✓	✓	✓
	癌抗原 15-3(CA15-3)— 乳腺(女性)	✓	✓	✓	✓
	癌抗原 125(CA125)— 卵巢(女性)	✓	✓	✓	✓
肝炎筛查	乙型肝炎表面抗原及抗体甲型肝炎抗体	✓	✓	✓	✓
传染病筛查	HIV 抗原及抗体	✓	✓	✓	✓
尿液检查	尿液常规及显微镜检查	✓	✓	✓	✓
激素检查	胰岛素、性激素结合球蛋白(SHBG)、泌乳素			✓	✓
	男性 游离睾酮、总睾酮		✓	✓	✓
	女性 促卵泡激素(FSH)、促黄体生成素(LH)、雌二醇			✓	✓
胃肠道检查	幽门螺杆菌尿素呼气试验			✓	✓
乳酸脱氢酶				✓	✓
维生素检查	维生素 D		✓	✓	✓
抗氧化维生素分析	维生素 B9(叶酸)、维生素 B12			✓	✓
	维生素 A(视黄醇)、β-胡萝卜素、维生素 C(抗坏血酸)、叶黄素、玉米黄素、番茄红素、生育酚、辅酶 Q10、维生素 D 2 & 3			✓	✓
多癌症早期检测(ctDNA)	通过 ctDNA 进行 10 种器官癌症早期筛查: 乳腺、肺、结直肠、胃、肝、胆道、卵巢、胰腺、食管、子宫内膜、头颈部			✓	✓
压力激素	脱氢表雄酮(DHEA)、皮质醇				✓
营养与毒性元素分析	重金属, 常量元素及微量元素				✓
抗氧化指标	超氧化物歧化酶(SOD)				✓
心脏指标	同型半胱氨酸, 载脂蛋白				✓
端粒长度检测(DNA)	基于染色体 DNA 的生物学年龄(细胞年龄)				✓
粪便分析				✓	✓
心脏检查	静息心电图(ECG)	✓	✓	✓	✓
	运动负荷测试(跑步机或功率自行车)	✓	✓	✓	✓
妇科检查	子宫颈抹片检查(Pap Smear) + HPV DNA 检测(另加 RM150)	✓	✓	✓	✓
肺功能检查	肺活量测定(Spirometry)	✓	✓	✓	✓
身体成分分析		✓	✓	✓	✓
骨密度检测	R.E.M.S(射频回波多光谱扫描)	✓	✓	✓	✓
眼科检查	视力检查	✓	✓	✓	✓
	色盲测试	✓	✓	✓	✓
	眼压测量(青光眼筛查)	✓	✓	✓	✓
	眼底检查	✓	✓	✓	✓
	听力测定(Audiometry)	✓	✓	✓	✓
X 光检查	胸部 X 光	✓	✓	✓	✓
VISIA 皮肤分析	详细皮肤分析		✓	✓	✓
乳房 X 光 / 及乳房超声		选1	选1	选1	包括所有
超声波检查	肝脏、胆囊	✓	✓	✓	✓
	脾脏、胰腺	✓	✓	✓	✓
	肾脏、输尿管、膀胱		✓	✓	✓
	子宫及卵巢		✓	✓	✓
	前列腺		✓	✓	✓
	颈部及甲状腺			✓	✓
	肝脏 FibroScan			✓	✓
CT 扫描	低剂量肺部 CT				
	脑部 CT		选1	选1	选1
	冠状动脉钙化评分(心脏检查)				
心理健康评估			✓	✓	✓
医生详细体检后咨询		✓	✓	✓	✓
营养师咨询			✓	✓	✓
全天茶点及轻食		✓	✓	✓	✓
午餐			✓	✓	✓
尊贵会员计划				✓	✓
测试总数		110	120	260	304