



# Beyond Detection, We Prevent

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At Premiumpro,  
your health journey  
is elevated.

We offer bespoke health assessments in a private, state-of-the-art environment where every detail is curated for your comfort and well-being.



**A Specialist Managed Centre**



**One Stop Comprehensive Diagnostic Centre**



**Premium & High Privacy**



**Specialist Verified Reports**



**P&P Healthcare & Radiology  
Specialist Centre**

53 & 55, Jalan Mutiara Emas  
10/2, Taman Mount Austin,  
81100, Johor Bahru, Johor

**Operation Time:**

8 AM – 4 PM

Close on Wednesday

**Appointments or walk-ins.**



GOOGLE MAP



WHATSAPP



**PremiumPro**  
Healthcare Centre

## Health Screening Packages



## Pinnacle Package

>304 Tests

Recommended for:

- Longevity & vitality
- Stressful lifestyle
- Environmental hazard risk

- PremiumPro VIP
- All VIP benefits
- Privilege & Privacy
- Nutritionist consultation
- Functional Doctor consultation
- Health Analysis Report
- All day refreshment, light food and lunch

Male  
RM12699

Female  
RM12899

DNA  
Biological Age

Toxic  
Elements

Nutrient  
Elements

Stress  
Markers

Organ  
Inflammation

Functional Doctor  
Consultation



## Alpine Package

>260 Tests

Recommended for:

- Hormonal imbalance
- Nutrition deficiency concern
- Strong risk of cancer
- Unexplained physical changes

- PremiumPro VIP
- All VIP benefits
- Privilege & Privacy
- Nutritionist consultation
- Health Analysis Report
- All day refreshment, light food and lunch

Male  
RM9699

Female  
RM9899

Complete  
Hormones

Vitamin  
Analysis

Urea Breath  
Test

Multi Cancer  
Early Detection

Tissue  
Damage

Antioxidants



## Montane Package

>120 Tests

Recommended for:

- Specific symptoms & risk oriented
- Person with chronic diseases

- Nutritionist consultation
- All day refreshment, light food and lunch

Male  
RM3699

Female  
RM3899

CT-Scan

Hormone  
(Male)

Basic  
Nutrients

Mental  
Health

Nutritionist  
Consultation

Ultrasound  
Full Abdomen

Heart Stress  
Test

Skin  
Analysis



## Foundation Package

>110 Tests

Recommended for:

- General well-being
- Quick report

- All day refreshment, light food and lunch

Male  
RM1799

Female  
RM1999

Blood  
& Urine

Lung Function  
Test

ECG

Bone Density  
Test

Pap Smear  
(Female)

Fundoscopy

Ultrasound  
Upper  
Abdomen

X-Ray

Heart Stress  
Test (Male)

Breast  
Scan

## Your Health Journey, from Foundation to Peak

- PINNACLE PACKAGE**  
Journey to a healthy life and longevity, this package keeping you well and worry-free

- ALPINE PACKAGE**  
A package designed to care for every aspect of your health, especially if you have unexplained health conditions

- MONTANE PACKAGE**  
If you have chronic disease or certain symptoms, this package gives you the right support.

- FOUNDATION PACKAGE**  
To detect early signs of common diseases, identify risk factors, and provide a baseline for your health.



Scan QR Code  
for a more detailed  
package comparison

Early Detection, Early Prevention

		FOUNDATION	MONTANE	ALPINE	PINNACLE
		M   RM1799	M   RM3699	M   RM9699	M   RM12699
		F   RM1999	F   RM3899	F   RM9899	F   RM12899
Personal, family & social medical history review and full physical examination		✓	✓	✓	✓
Physical Body Measurement	Blood pressure, Heart rate, temperature, oxygen level	✓	✓	✓	✓
	Weight, Height, Body Mass Index (BMI), Waist circumference, Hip Circumference, Neck Circumference	✓	✓	✓	✓
Comprehensive Lab Investigation					
Hematological Profile	Full blood count	✓	✓	✓	✓
	WBC with Differential Count, RBC, Hb, HCT/PCV, MCV, MCH, MCHC, Platelet, RDW	✓	✓	✓	✓
	Blood Goup ABO & Rh-D Typing, Erythrocyte Sedimentation Rate (ESR)	✓	✓	✓	✓
Renal Function Test	Creatinine, eGFR, Urea, Uric Acid, Sodium, Potassium, Chloride, Calcium, Phosphate	✓	✓	✓	✓
	Urine Microalbumin	✓	✓	✓	✓
	Magnesium	✓	✓	✓	✓
Liver Function Test	Total Billirubin, Total Protein, Albumin, Globulin, ALP, GGT, ALT, AST, Fibrosis Index	✓	✓	✓	✓
Diabetic Profile	Fasting Glucose, HbA1c	✓	✓	✓	✓
Lipid Profile	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides,Total/HDL ratio	✓	✓	✓	✓
Iron Studies	Ferritin, Serum Iron, Total Iron Binding Capacity(TIBC), Transferrin Saturation, Transferrin	✓	✓	✓	✓
Thyroid Funtion Test	Thyroid Stimulating Hormone (TSH), Triiodothyronine (T3), Thyroxine (T4)	✓	✓	✓	✓
Autoimmune Screening	Rheumatoid Factor, Hs CRP	✓	✓	✓	✓
Tumour(Cancer) Markers Profile	Alpha Fetoprotein (AFP) - Commonly for Liver	✓	✓	✓	✓
	Carcinoembryonic Antigen (CEA) - Commonly for Colon	✓	✓	✓	✓
	Cancer Antigen 19-9 (CA19-9) - Commonly for Pancreas	✓	✓	✓	✓
	Prostate Specific Antigen (PSA) - Prostate (Male)	✓	✓	✓	✓
	Cancer Antigen 153 (CA153) - Breast (Female)	✓	✓	✓	✓
	Cancer Antigen 125 (CA125) - Ovaries (Female)	✓	✓	✓	✓
Hepatitis Screening	Hepatitis B surface antigen & antibody, Hepatitis A antibody	✓	✓	✓	✓
Infection Screening	HIV Antibody & Antigen	✓	✓	✓	✓
Urine	Full Examination and Microscopic Examination	✓	✓	✓	✓
Hormones	Insulin, Sexual Hormone Binding Globulin, Prolactin			✓	✓
	Male   Free Testosterone, Total Testosterone		✓	✓	✓
	Female   Follicular Stimulating Hormone, Luteinizing Hormone, Estradiol			✓	✓
Gastrointestinal Screening	Urea Breath Test for Helicobacter Pylori Infection			✓	✓
Lactate Dehydrogenase				✓	✓
Vitamins	Vitamin D		✓	✓	✓
	B9 Folic Acid, B12 Cobalamine			✓	✓
Antioxidant Vitamins Analysis	Vit A(Retinol, B-Carotene), Vit C (Ascorbic acid), Lutein, Zeaxanthin, Lycopene, Tocopherols, CoQ10, Vit D 2&3			✓	✓
Multi-Cancer Early Detection (ct DNA)	Early Cacner Detection by ctDNA of 10 organs (Breast, Lungs, Colorectum, Stomach, Liver Biliary Tract, Ovary, Pancreas, Esophagus, Endometrium, Head & Neck)				✓
Stress Hormone	DHEA, Cortisol				✓
Nutrient & Tocix Element Analysis	Heavy metal, Major Elements, Trace Elements				✓
Antioxidant	Superoxide Dismutase				✓
Cardiac Markers	Homocysteine, Apolipoprotein				✓
Telomere Length Test (DNA)	Biological Age base on DNA Chromosome (Cellular Age)				✓
Stool Analysis				✓	✓
Cardiac Examination	Resting ECG	✓	✓	✓	✓
	Stress Test by Threadmill or Ergobike	✓	✓	✓	✓
Gynaecological Examination	Pap Smear + RM150 for HPV DNA	✓	✓	✓	✓
Lungs Funtion Test	Spirometry	✓	✓	✓	✓
Body Composition Analysis		✓	✓	✓	✓
Bone Density Test	R.E.M.S (Radiofrequency Echographic Multi-Spectrometry Scan)	✓	✓	✓	✓
Eye	Visual Acuity	✓	✓	✓	✓
	Colour Blind	✓	✓	✓	✓
	Tonometry(Glaucoma screening)	✓	✓	✓	✓
	Fundoscopy	✓	✓	✓	✓
Hearing Test	Audiometry	✓	✓	✓	✓
X-Ray	Chest X-Ray	✓		✓	✓
VISIA	Detailed Skin Analysis		✓	✓	✓
Mammogram & Ultrasound Breast		Choose 1	Choose 1	Choose 1	✓
Ultrasound	Liver, Gall Bladder	✓	✓	✓	✓
	Spleen, Pancrease	✓	✓	✓	✓
	Kidney, Ureter, Bladder		✓	✓	✓
	Uterus Ovaries		✓	✓	✓
	Prostate		✓	✓	✓
	Neck with Thyroid			✓	✓
	Fibroscan Liver			✓	✓
CT Scan	Low Dose Lung		Choose 1	Choose 1	Choose 1
	Brain		Choose 1	Choose 1	Choose 1
	Coronary Calcium Score(Cardiac Examination)		Choose 1	Choose 1	Choose 1
Mental Health Assessment			✓	✓	✓
Detailed Post-Screening Consultation by doctor		✓	✓	✓	✓
Nutritionist Consultation			✓	✓	✓
All Day Refreshments and Lightfood included		✓	✓	✓	✓
Lunch			✓	✓	✓
Premium Membership				✓	✓
Total Test		110	120	260	304